

# Public Document Pack



<b>MEETING:</b>	North Area Council
<b>DATE:</b>	Monday, 6 June 2016
<b>TIME:</b>	2.00 pm
<b>VENUE:</b>	Meeting Room 1, Barnsley Town Hall

## AGENDA – SUPPLEMENTARY ITEM

6 Stronger Communities Grant Performance (*Pages 3 - 16*)

To: Chair and Members of North Area Council:-

Councillors Leech (Chair), Burgess, Cave, Charlesworth, Cherryholme, Grundy, Howard, Lofts, Miller, Platts, Spence and Tattersall

Area Council Support Officers:

Ian Rooth, North Area Council Senior Management Link Officer  
Phil Hollingsworth, Lead Locality Officer  
Rosie Adams, North Area Council Manager  
Elizabeth Barnard, Council Governance Officer

Please contact Elizabeth Barnard on 01226 773420 or email [governance@barnsley.gov.uk](mailto:governance@barnsley.gov.uk)

Thursday, 26 May 2016

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# Item 6

## BARNSELY METROPOLITAN BOROUGH COUNCIL

North Area Council Meeting:  
6<sup>th</sup> June 2016

Agenda Item: 6

Report of North Area Council  
Manager

### Stronger Communities Grant Projects – Performance Update

#### 1. Purpose of Report

- 1.1 This report provides a performance update for the Stronger Communities Grants Projects.

#### 2. Recommendations

- 2.1. Member note the Appendix 1, Project Performance Update.

#### 3. Current Update

- 3.1. All of the Stronger Communities Grants projects are required to meet with the Area Council Manager on a quarterly basis and submit a Grant Monitoring Report. The appendix attached is a completion of extracts from the project performance updates submitted by the providers as part of their final reports for 2015/16.
- 3.2. The Stronger Communities Grant Panel 2016/17 met on the 29<sup>th</sup> February and identified four successful projects for completion with the financial year. All four have met with the Area Manager for a welcome meeting and have been notified of the grant monitoring arrangements in details. Their performance and monitoring information will be available on a quarterly basis and details will be submitted to the Area Council.
- 3.3. The North Area Council has agreed to utilise the £29,766 remaining from 2016/17 to increase the size of the grant funding pot in 2017/18.

**Officer Contact:**  
Rosie Adams





**Tel. No:**  
01226 773583

**Date:**  
24<sup>th</sup> May 2016

## Appendix 1

# SUMMARY PERFORMANCE MANAGEMENT REPORTS FOR EACH NORTH AREA COUNCIL STRONGER COMMUNITIES GRANT PROJECT

### Ad Astra Barnsley CIC – Broadening Horizons

Satisfactory quarterly monitoring form submitted	
Project milestones achieved	
Project indicators / targets met	
Overall project progress & achievements	

#### Project Summary

#### **Broadening Horizons: £19,270**

The project consists of two strands: i) The core Ad Astra project is based in Old Town and enables the running of a weekly afterschool club for children and young people ages 6 to 17. This involves parents and extended family in activities that to form strong communities. ii) Enables Ad Astra to run a number of four week programmes through in schools and community venues throughout the North Area. They will ensure that their project is complimentary existing area based provision. The work will be tailored to the group and could include Peer Support training, anti-bullying, healthy lifestyles, enterprise work, volunteer training, local history and geography projects.

Project Update – extract from the Quarterly report.

This seems to have been a very busy quarter we have been in 3 schools this term and continued with our afterschool sessions and managed to gain another 4 new members. The Afterschool club is continuing to be busy and very loud as the winter weather has hindered our chances to play out in the grounds we have had to try and arrange the session so that the young people can have a bit of a run around inside and this does become rather loud. Our Walking Buses are still very popular and we have managed to engage another 2 young people to help with this.

The latest litter pick was done in the grounds of St Paul and the road area leading to the entrance as there seems to be an issue with young people parking late on an evening and

leaving their MacDonald's rubbish so some of our young people have cleaned the area a few times.

We had yet another Enterprise project this time it was for the Horizon Easter Market and for this one we did a selection of cards and different plants we sold some terrariums some wardrobe scents and we had a tombola which was very successful.

Our young people have been asking us for a while to get them some T Shirts that they could wear when we did our activities outside the centre so we managed to purchase some fantastic purple (with bright green writing) T shirts from a local company and the young people love wearing them and representing Ad Astra. We 'christened these at the Old Town Ward Alliance Celebration Event which was held at Barnsley Town Hall we had a display board with some of our achievements from throughout the year and the young people performed a "Fun and Fitness routine for the Mayor and the guests – we even managed to get our photo in the Chronicle.

We have also launched our new Website and our Face book page, which is getting a very good response and hopefully raising our profile.

The Africa with Love charity we support has sent over a few photos of the gifts we sent over – the young people really enjoy seeing where their efforts have gone.

The bulbs we planted in October have sprung up and they look fantastic.

Our schools work – This term we have delivered 'Buddy Training' which is an accredited programme with Barnsley MBC called IKIC in two primary schools – Laithes Primary and Summer Lane Primary all the young people completed a portfolio of evidence which is currently going for moderations with the Barnsley Targeted Youth Support Team.

We have also been in Horizon Community College and although this is not geographically in our area the pupils we have been working with come from the North Area Council wards.

We have been doing self esteem / confidence building with a major focus being on Cyber Safety in particular young women putting inappropriate photos on line and then dealing with the consequences of this.

One major piece of news is that we have been awarded Awards for All monies to continue our Monday night afterschool club. Although this is only for another 12 months your support has helped us secure this funding.

### Case Studies – Volunteers

During this project we have managed to amass a large number of volunteer hours many more than we first anticipated. We put this down to our team of very committed parents and friends who support the work we do in our communities. We consider ourselves very honoured to be associated with this group of individuals who want to be part of our company and I am convinced they give so many added values to our work.

They usually join us as they have a child or family friend attending one of our sessions and they seem to like it so much that they stay – we hone in on their talent and use this talent to support our work.

One of our young volunteers Jack has been successful in gaining an Apprenticeship at Horizon Community College – We supported him with the application form - interview skills and throughout the process – His experience with us was mentioned in his interview and

although we have lost him on our Afterschool club sessions we still see him for our weekend work.

Another two of our young volunteers are using their time with us to support their college courses – One is on a child care course and is using her time with us as part of her community hours and the other young lady is using the experience she gains with us to build data bases for collating information required by community groups.

Alongside gaining experience working in a community setting their knowledge built looks very good on their CVs.

One of our parent volunteers who has suffered long-term poor mental health issues has now gained enough confidence with us to apply and be successful in gaining employment in a local Primary school.

Every volunteer has a CRB/DBS background check and every volunteer who has assisted us at an Ad Astra session has also participated in another community event that we have supported so they are becoming active community citizens.

#### Case Study – Schools Work





This term we have delivered work in three local schools 2 primary and 1 secondary. We have delivered Buddy Training in the primary schools and in Laithes Primary we picked up some issues with one young man whilst looking at Communication – his name is Paul and he disclosed to us that his dad was in prison and the only way he got to communicate was to write letters (He was the only child in the group who had actually written a letter to someone) When he first started the group he was a lively young man who contributed positively to the discussions and group work on week 3 he became very sullen and had had fight with two other pupils who were in the group – this changed the dynamics of the group and Paul became agitated very quickly and his demeanour changed. Whilst talking to him alone it became apparent that there were many issues occurring at home – aggression and financial problems which were causing him a lot of stress. We discussed this with the PSA (Parent Support Advisor) as unfortunately we were only in school to deliver Buddy Training. Within the same group of young people there were many issues that the young people were dealing with – lack of confidence – Looked after both fostered and adopted children – young people new to the area trying to adapt to Barnsley after living in London and this was only the tip of the iceberg - we are convinced if we had more time with them there would have been more disclosures.

At Horizon CC we went in to work with a group of young people from Old Town and Pogmoor who were having issues amongst their peer group and this was taking the form of Cyber bullying

This lead was from a couple of young women who were posting inappropriate images of themselves onto social network sites and were horrified when the images went viral. Once we started working the group, which grew very quickly to 29 that again this was the tip of the iceberg as one of the major issues that was also rife was self-harming.

We have worked closely with a couple of individual young people in the group on their self harming rituals and the lead up to these habits. We have spoken to parents and school staff and arranged referrals for one young woman and we have been made aware that one young man is also on the at risk register for a selection of issues.

## Athersley Cares – Project Expansion

Satisfactory quarterly monitoring form submitted	
Project milestones achieved	
Project indicators / targets met	
Overall project progress & achievements	

### Project Summary

#### **Project Expansion: £12,285**

This project also consists of two strands: i) Activities for young people which will also involve family learning. Led by a fully qualified youth practitioner. Volunteers will be recruited and trained to deliver youth provision ensuring that there is greater capacity within the local community once the project draws to a close. ii) The second strand will provide information, advice and guidance within three community locations. This is intended to address confidence, health and wellbeing, self-advocacy and antipoverty. This is intended to enable the local people to have greater control over their own affairs, giving them confidence in their own decision making ability.

The project has not been able to offer the counselling sessions that they had planned to and have diverted resources to provide other services. This is reflected by the amber marker above.

Project Update – extract from the Quarterly report (*please note that the full report can be viewed in the North Area Office*)

**Gentle Exercise** – Sessions are still taking place in St Helen’s Church Hall every Monday. Since last August and up until mid February, the project had been hiring a fitness instructor at a cost of £12.50 per session, however, since then the health practitioner from Be Well Barnsley has now returned from her absence. She is now able to give health related advice to the members of the group as well as the gentle exercise instruction. Over the last few weeks numbers have risen to 16-18 at each session with the same people attending from previous months plus those who have self-referred, referrals from Be Well Barnsley and Laithes Day Centre. The friendships formed amongst group members is still evident and individuals are genuinely concerned for other members of the group e.g. informing each other if they won’t be attending and the reasons why, meeting up for other activities, giving a listening ear and generally “looking out” for each other. This is evidence that those attending not only feel happier and less isolated but are also confident in knowing they can come along and talk to their friends and a professional is also on hand to deal with any queries they may have regarding their health. The charge of £1.50 is still in place. See photos – App.4

**Cook & Eat** – These sessions have now been running for twelve months and follow on straight after the Gentle Exercise sessions. Again, numbers have risen slightly – 10-11 attending every week. These are made up of people from the Gentle Exercise sessions who like to sit and relax, chat with friends in the group and discuss recipes, healthy options, what



food is on offer and where, etc. Again the small charge is still in place to cover the cost of ingredients. Three members of the group will be attending a celebration of the work carried out by South West Yorkshire Partnership at the end of March. They were funded by the North Area Council to provide six weekly Cook & Eat sessions to groups in the St Helen's Ward, Athersley Cares being one of them and who benefited from these sessions a year ago. See photos – App.4

**The Twilight Club** – The group have attracted new members since they began meeting on Wednesday afternoons instead of Monday evenings at St Helen's Church Hall. Their Christmas Bingo Lunch trip to the Holiday Inn in December was enjoyed very much by all who attended. These consisted of club members and people from the project's other groups and some who have since joined the Twilight Club. Their fortnightly meetings now include soup and a roll followed by games/bingo. On 2<sup>nd</sup> March, Lifewise - (South Yorkshire Police Crime Prevention Officer and Parkgate Mobility of Rotherham) came along to the Church Hall to give a free presentation to people aged over 60. Topics included fraud and scams, doorstep crime, advice on mobility scooters, unwanted phone calls and mail etc. Twelve of the people attending this event, have been invited to Parkgate for the day in May, this is a free event and a follow up to the presentation. The group are now in the process of arranging a meal out at the end of March. They have now opened an account with Credit Union and have managed to raise £405 from their fortnightly sessions. Athersley Cares has donated £165 to the group bringing their total to £570 plus £73.85 in petty cash. The money they received from the W.A.F. has now been spent and the final report has been submitted. Members of the group are now organising events and managing the project themselves which has given those on the committee a shared responsibility in running and organising events using skills they had when they worked, before retirement.

**New Group** – Athersley Cares created a new group and with a donation of £200 from the local Rotary Club, have held four fortnightly sessions on Tuesdays (12-2pm) from January to the end of March at St Helen's Church Hall. Food was put on at each session e.g. a buffet lunch, pie & peas, jacket potatoes along with some type of musical entertainment e.g. a professional trumpet player, children from a nearby primary school who came to sing and play their musical instruments, a professional singer and a lady who did exercises to music. Games of bingo were also enjoyed at each event. A charge of £2.50 per person was applied to cover the cost of food. A total of £165 was raised after the events had taken place. It was felt that as the project worker's funding would end at the end of March and would no longer be able to run the Tuesday group, the people attending these events would be invited to join the Twilight Club on Wednesday afternoons. As the majority were happy to do this, it was also decided to donate the £165 raised to the Twilight Club so they could carry on with the activities and trips/meals out. By doing this, it has brought two separate groups together – increasing numbers at each event

## **Case Study**

I am writing this case study with much endearment for the family concerned. As a paid worker one should not let feelings come between work and home life. I must admit this family came home with me on numerous occasions!

Mum C was walking her children home from school one day and needed desperately to visit a toilet. The nearest one was the Roundhouse Lifelong Learning Centre. She literally ran in with her 2 children T and W and used the facility. C felt so guilty about using it afterwards she thought she must enquire about what was happening in the centre to make her presence seem more than using the toilet. My group was running at the time and the staff informed her of this. She popped her head around the room and politely asked what I was delivering. She could see by the attendances that there were children, young people and adults in the room so ventured in

with her 2 children. I talked to her about the sessions and what they entailed and she admitted that she had received a publicity letter sent out to schools in the St Helens Ward. She had put it to one side because she was, and for a number of years previous had been, reluctant to sign up for anything as her 2 children had complex problems. T is a very hypoactive young lady, her attention span is limited and she often ventures in to a world of her own. No diagnosis has been identified, Mum and Dad are up in arms as they, as well as family, friends and school, know she has a condition and all are struggling to calm her and keep her engaged whilst professionals find out what her problems actually are. W has been identified as having ADHD and numerous other problems. I took this on board and explained that we welcome all abilities and do not discriminate, programmes of work could be adapted to suit the participant and all planning could be differentiated for each individual. C was pleased that she could feel comfortable in this environment and filled out consent forms for her two children and confirmed she would be back the next week.

C, T and W did attend the following week. The session was very difficult to keep flowing as T and W disrupted constantly, obviously unaware of their 'different' behaviour. My regular parent/carers were sending out looks of dismay and talking to each other (supposedly discreet) however making it fully obvious that they thought T and W were just naughty children and C should bring them to task.

The next step was integration. I had to explain to the other, long term members of the group, that allowances had to be made for these 2 children, they were different and needed patience until they became comfortable with the environment. After some debate they did agree that they would support the family. For a number of weeks W caused mayhem, he engaged for 10 minutes then 'ran riot!' This caused some disruption to the sessions, however, the longer term attending adults took it on board and gave to relief to C somewhat, by taking W aside, and for example, saying let's take a walk outside for a spell, or do you want to work with me on this painting? They began to look at things from a different perspective, taking on board what other parents with challenging children are going through to get by day to day. The project is working well as in young people/children and families taking part in programmes together, however, what has been significant for the past few months is that the adults have become more engaged with all the children and young people attending and are being extra supportive, like a huge family!

#### **Case Study Extension.**

As an extension to case Study 2 I feel I must tell another story to compliment the development of a wonderful family.

C continued to attend the family orientated sessions with T and W. Most weeks with both children, however on some occasions she would bring one or the other child. Mum was very conscious of the behaviour of her children and although, now supported by the other families as well as me as Support Worker, she knew whether T and W were in the frame of mind to undertake and accept the support at a full session. She refused to bring T if she had misbehaved in school and had a bad report at home time, if W was in a particular state of mind she left him with carers.

As an organisation we had developed the project to include some family fitness and Cook and Eat sessions. Relaying this to C she was excited, as most of her time was spent with W because of his condition and she felt that she needed time to do some extracurricular activities with T. This would provide her with the opportunity to engage with T in something they both enjoyed and give her the attention she somewhat lacked. She was sceptical as to what W would be able to, actually want to, and physically be able to achieve from these sessions. However, she signed up, brought her two children and the result was amazing. W stood in front of the Zumba Tutor, copied her and danced his little heart out! C was vigilant at the beginning, worried that he was suddenly going to create or the music was too loud and he would start to cry and shout out, it





did not happen and he totally engaged with the tutor. C could now relax and enjoy some Mum/Daughter time with T. They have attended for numerous weeks now, W has his moments where I have to intervene and take him to a quiet corner to play ball whilst C and T have fun time together, dancing to Zumba and playing games. W is quite happy with this and I believe he enjoys the attention of another adult.

The family stay to Cook and Eat after the family fitness session and all take on a role. T has to serve! She is the perfect waitress. W wants to stir! He is lifted and given a spoon to give a little help.

The family have been given new opportunities to become part of the community, primarily because of the funding, the accessibility the project gives to the diverse and the community spirit the project has gained throughout the funding term.

Kim Leigh  
Athersley Cares.  
Community Support Worker.

## Romero Communities – Project Expansion

Satisfactory quarterly monitoring form submitted	
Project milestones achieved	
Project indicators / targets met	
Overall project progress & achievements	





### Project Summary

**Project Expansion: £19,308:** Offering an open door, non-appointment based advice and guidance service based in St Helens. The project wish to establish a client progression programme to enable service users to achieve personal goals. They wish to formalise a follow-up phone call service to ensure service users are continuing to make headway.

The Romero Project recognises that to become more sustainable as a community project they need to recruit volunteers to fill specialist roles. This will involve training and development for volunteers.

*The projects final report is outstanding at this time.*

## Greenworks Barnsley – Sustainable Allotments and Community Orchards

Satisfactory quarterly monitoring form submitted	
Project milestones achieved	
Project indicators / targets met	
Overall project progress & achievements	

### Project Summary

**Sustainable Allotments and Community Orchards Project: £20,000:** The project aims to engage young people ( junior and secondary school) in horticultural projects. The intention is to plant and cultivate community orchards and community allotment projects. The project has 5 key target areas – i) delivering training and skills, ii) promoting allotment gardening, iii) encouraging sustainability, iv) cultivating sustainability, v) maintaining adequate resources.

### Project Update

Greenworks has been working with Wellgate, Mapplewell and Darton Schools during the project. Each school received and planted 20 mixed fruit trees in the Autumn which will bear fruit when the trees have matured. The second half of the project involved erection of raised beds and planting of seeds with the learners.

The project will be working with The Nurture Group at Darton College. Trainees and Volunteers will also be working within Darton College.

Greenworks have been working on the Grassmere Estate Community Allotment Site. The community have been very supportive with adults and children coming to work along-side the Greenworks trainees and volunteers.

### Extract from the Quarterly report

#### Schools Projects

The project has been very successful working alongside four schools, Wellgate, Mapplewell, Darton and Darton College. All the Learners involved in the project have enjoyed learning about planting fruit trees and digging and growing their own vegetables, this has given the learners knowledge about what healthy living is about.

On the fourth quarter we purchased 8ft by 4ft sleepers for six raised beds for all of the primary schools with three tons of top soil which have been erected, the learners enjoyed working along side the Greenworks team where one of our volunteer/trainee was able to take charge of the project in supporting young learners in physical activity. Digging and shovelling which can improve health and wellbeing, raising self-esteem and developing

social skills. Involving each learner in growing their own fruit and vegetables are more likely to eat them providing hands on learning engages and motivates the learner.

All schools have been provided with a range of tools that the learners can work with now and in the future.

We spoke to all the heads of schools and there was a joint agreement that this would cover all areas of the curriculum which includes knowledge and understanding of the world, numeracy, literacy, personal and social skills, creative and physical skills all of which contribute to the development of the young learners.

During the project parents and grandparents become involved and carried out digging and planting of fruit trees alongside the young learners and Greenworks staff and trainees.

### Windhill Allotment Project

The community of Keswick Rd in Grassmere Estate Staincross, as gone from strength to strength, it's a place where local people come together and work alongside the Greenworks team, they use the open space as a focal point which promotes health benefits growing fresh vegetables and outdoor exercise from people of all ages. Four fruit trees have also been planted which will provide fruit for the local area as well as the vegetables, the children love to come and work alongside the Greenworks team planting and picking fruit and vegetables this promotes independence and self-esteem while working together and also doing general maintenance and up keep of the land, planting is in progress for this year.

### **Quotes from the school learners:**

Dis you enjoy working with the Greenworks team planting trees:

*Yes, it was extremely fun.*

*Yes, I enjoyed it because I have never experienced such a thing in my life.*

What did you enjoy most about the project:

*Digging with their friendly staff*

*I enjoyed planting apple trees because I love nature*

*Being outdoors and using teamwork*

What would you like to do with the fruit once they are ready to be picked?

*I would make a school fruit festival.*

*I would like to make a really big pie of all the fruits*

*I would like to do 2 things. 1. make a crumble 2. Donate them to a shop*

## RVS - Barnsley North Looking Out for Older People

Satisfactory quarterly monitoring form submitted	<span style="color: green;">●</span>
Project milestones achieved	<span style="color: orange;">●</span>
Project indicators / targets met	<span style="color: orange;">●</span>
Overall project progress & achievements	<span style="color: green;">●</span>

### Project Summary

**Barnsley North Looking Out for Older People: £19,961:** RVS have stated as one of their outcomes that they will create 20 volunteering opportunities. They will conduct at least 200 home visits to older people who have been identified as being at risk of loneliness and isolation. Following the home visit elderly residents will be matched with existing provision within the community to ensure that they are encouraged to take part in social activities.

### Project Update – extract from the Quarterly report



Throughout this quarter the Inclusion Officer has been involved in creating awareness of the service across the four wards. This has involved speaking with Housing Officers, GP surgeries and others involved in the community, she has attended Mapplewell & Staincross Celebration Day, New lodge Gala, Specsavers fundraising day and coffee mornings to publicise the service. There have been no major obstacles to service development and most people have been enthusiastic about the opportunities the service offers.

This quarter RVS have completed 180 home visits in the North Area and will shortly be commencing a customer satisfaction survey.

## Case Study

I was contacted by Mr V's Daughter who wanted to make a referral for her Father. The referral stated that Mr V needed help with his garden that had become over grown due to him being ill in spring this year. He had received a letter from the housing officer stating he needed to act on his garden. Otherwise it would affect his tenancy agreement and this had caused worrying concerns for Mr V.

Upon initially meeting Mr V it was apparent that he enjoyed the company as due to illness he was not getting out due to fear of losing balance and had recently given up driving. We discussed the options for his garden and contacted Barnsley Community Build. Within 2 weeks they had been out to provide a quote and returned the following week to carry out the work discussed. Mr V was extremely pleased with the work done by Barnsley Community Build. And has plans to use them on a regular basis for maintenance.

Mr V enjoyed the company & conversation over a cup of tea I felt he would benefit from the befriending service we provide. Mr V enjoys reminiscing about his late wife, his work within the RAF, his family business and previous holidays, he will regularly show me old photos, videos & books that are meaningful to him. He once told me he finds it refreshing that I am able to go round and be interested in speaking to him, as his family and daughters have 'heard it all before'

Mr V is a sociable character, and in the near future when his health improves he has expressed interest in attending any groups/ clubs available to him. He has also agreed to be a part of the Royal Voluntary Service steering group.

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